

# Plumas Lake Elementary Schools

Breakfast

December, 2017

				1
			Breakfast Sausage Sandwich Breakfast Cereal (Served with a Cheese Stick) Raisins and Seasonal Fruit	Fresh Baked Muffin Squares Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
4	5	6	7	8
Yoplait Fruit Smoothies and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) 100% Apple Juice and Seasonal Fruit	Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Orange Smiles and Seasonal Fruit	Bagel with Cream Cheese or Jelly Breakfast Cereal (Served with a Cheese Stick) Chilled Diced Pears and Seasonal Fruit	Sausage and Pancake Breakfast on a Stick Breakfast Cereal (Served with a Cheese Stick) Fresh Apple and Seasonal Fruit	Fresh Baked Cinnamon Roll Breakfast Cereal (Served with a Cheese Stick) 100% Fruit Juice and Seasonal Fruit
11	12	13	14	15
Breakfast Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) 100% Orange Juice and Seasonal Fruit	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Fresh Banana and Seasonal Fruit	Pancakes Breakfast Cereal (Served with a Cheese Stick) Chilled Applesauce and Seasonal Fruit	Chef's Choice	Chef's Choice
18	19	20	21	22
Holiday	Holiday	Holiday	Holiday	Holiday
25	26	27	28	29
Holiday	Holiday	Holiday	Holiday	Holiday

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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Lunch

December, 2017

				1
			Breaded Chicken Sandwich Gooney Grilled Cheese Sandwich Steamed Carrot Coins	Pepperoni Galaxy Personal Pizza Cheese Galaxy Personal Pizza Tasty Tator Tots
4	5	6	7	8
Nacho Pack Cheese Quesadilla Salsa Cup	Teriyaki Chicken with Chow Mein or Rice Veggie Egg Roll with Chow Mein or Rice Stir Fry Veggies	Mini Corn Dogs Fruit and Yogurt Parfait Roasted Sweet Potatoes	Breakfast for Lunch - Pancakes and Sausage Breakfast for Lunch - Pancakes and Yogurt Tasty Tator Tots	Domino's Pepperoni Smart Slice Pizza Domino's Cheesey Smart Slice Pizza Roasted Broccoli
11	12	13	14	15
Mac N Cheese served with Corn Bread Baked Cheese Breadsticks and Pizza Roasted Corn	Crunchy Beef Tacos Cheese Quesadilla Smooth Refried Beans	Chicken Strips Grilled Cheese Sandwich Steamed Green Beans	Chef's Choice	Chef's Choice
18	19	20	21	22
Holiday	Holiday	Holiday	Holiday	Holiday
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